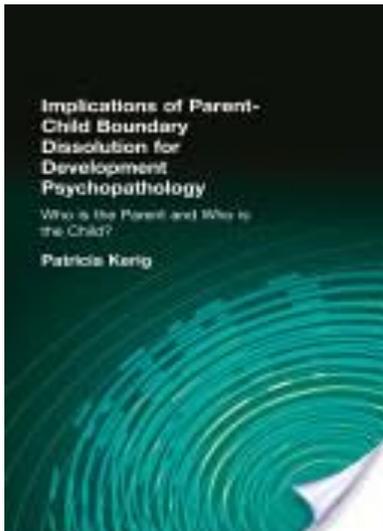


4 RECOMMENDED BOOKS ON ATTACHMENT & INTERACTIONAL ANALYSIS



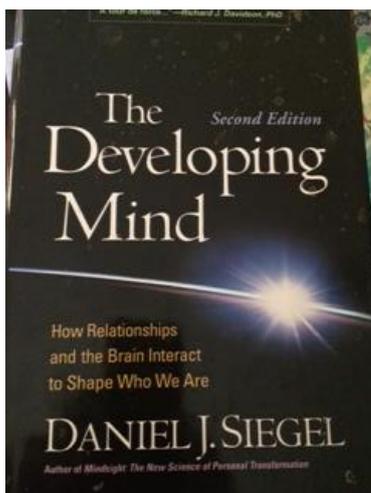
Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology: Who is the PARENT and who is the CHILD?

Author: Patricia K. Kerig
Routledge, June 2014

Gain a better understanding of parent-child boundaries and the mechanisms for their dissolution.

The breakdown of appropriate generational boundaries between parent and child can threaten the child's psychological development. *Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology: Who Is the Parent and Who Is the Child?* Explores this covert and oftentimes ignored form of emotional abuse, discussing in detail the various ways it can manifest. This revealing text comprehensively examines how the burden of meeting the emotional needs of the parent interferes with the child's healthy development. The boundary dissolution patterns of role reversal, enmeshment, psychological control, and triangulation are closely examined with an eye toward providing appropriate strategies for dealing with the problem.

Implications of Parent-Child Boundary Dissolution for Developmental Psychopathology is separated into four sections to focus extensively on every aspect of the problem. The first section discusses definitions, concepts, and methodological concerns of the phenomena, including a consideration of the child's developmental responses to boundary dissolution. The second section explores the empirical research concerning boundary dissolution within the family system, and includes intriguing information on the actual mechanism that passes the pattern of role reversal on to the following generation. The next section closely examines boundary violations within high-risk families, with a focus on those undergoing divorce. The final section concentrates on cultural contexts of boundary dissolution and includes a look at the perception of familial responsibility and its effects on Bosnian youths. This one-of-a-kind resource is extensively referenced, and provides a solid foundation to inspire a new generation of theory, research, and clinical work.



The Developing Mind, 2nd Edition: How Relationships and the Brain interact to Shape Who We Are

Author: Daniel J. Siegel
Guilford Press, Feb 2012

This bestselling book put the field of interpersonal neurobiology on the map for over 100,000 readers. Daniel J. Siegel goes beyond the nature and nurture divisions that traditionally have constrained much of our thinking about development, exploring the role of interpersonal relationships in forging key connections in the brain. He presents a ground-breaking new way of thinking about the emergence of the human mind and the process by which each of us becomes a feeling, thinking, remembering individual. Illuminating how and why neurobiology matters, this book is essential reading for clinicians, educators, researchers, and students interested in promoting healthy development and resilience. Professors praise the book's utility in courses from developmental psychology and child development to neuroscience and counselling.

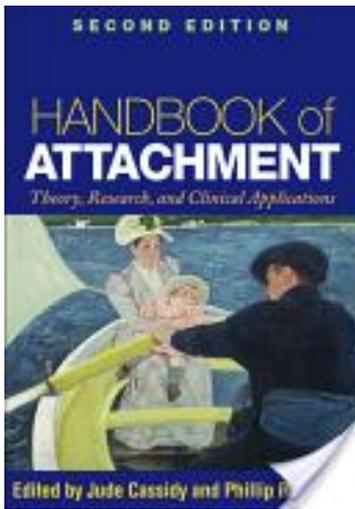
New to This Edition

*Incorporates significant scientific and technical advances.

*Expanded discussions of cutting-edge topics, including neuroplasticity, epigenetics, mindfulness, and the neural correlates of consciousness.

*Useful pedagogical features: pull-outs, diagrams, and a glossary.

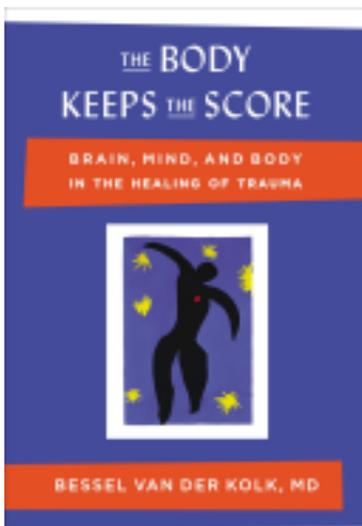
*Epilogue on domains of integration--specific pathways to well-being and therapeutic change.



Handbook of Attachment, 2nd Edition: Theory, Research, and Clinical Applications

Authors: Jude Cassidy, Phillip R. Shaver
Guilford Press, 21 Aug 2008

From foremost authorities, this comprehensive work is more than just the standard reference on attachment—it has “become indispensable” in the field. Coverage includes the origins and development of attachment theory; biological and evolutionary perspectives; and the role of attachment processes in personality, relationships, and mental health across the lifespan.



The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma

Authors: Bessel van der Kolk MD

Penguin Publishing Group, 25 Sep 2014

A pioneering researcher transforms our understanding of trauma and offers a bold new paradigm for healing

Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Dr. Bessel van der Kolk, one of the world’s foremost experts on trauma, has spent over three decades working with survivors. In *The Body Keeps the Score*, he uses recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers’ capacities for pleasure, engagement, self-control, and trust. He explores innovative treatments—from neurofeedback and meditation to sports, drama, and yoga—that offer new paths to recovery by activating the brain’s natural neuroplasticity. Based on Dr. van der Kolk’s own research and that of other leading specialists, *The Body Keeps the Score* exposes the tremendous power of our relationships both to hurt and to heal—and offers new hope for reclaiming lives.